

HEALTH OCCUPATIONS

A student who has completed Job Corps' Health Occupations program is trained and ready to work in this field. To complete a trade, the student must learn the academic and vocational skills required for graduation. Job Corps students also learn good work and personal habits, preparing them for life after Job Corps. To complete the Health Occupations program, a student must master skills in the following categories:

ORIENTATION AND INTRODUCTION TO THE HEALTH CARE SYSTEM

- Understand basic human needs, sensitivity to aging and disabled individuals.
- Understand the rights of individuals in the health care system.
- Role and responsibilities of a nurse assistant.

Describe principles of care, legal/ethical issues; use communication and observation skills.

MAINTAIN INFECTION CONTROL

Identify proper hygiene techniques; demonstrate use of gown, mask and gloves; identify universal and OSHA precautions for spreading disease; demonstrate isolation procedures.

SAFETY AND EMERGENCY PROCEDURES

Demonstrate first aid/CPR procedures; demonstrate proper body mechanics, strengthening exercises and flexibility; master safe use of restraints, bed rails, brakes, transfer belts, etc.; explain and demonstrate oxygen safety, fire and disaster preparedness.

THE HUMAN BODY AND THE AGING PROCESS

Describe the body systems, the normal aging process and the developmental tasks of aging.

ADDITIONAL LEARNING OBJECTIVES

- Assist with positioning and moving, grooming and dressing patients.
- Assist with nutrition, feed patients, identify special dietary needs and tray service.
- Measure and record intake, output, height and weight.
- Assist with physical exam, elimination needs; take vital signs, temperature, pulse.
- Count respirations, take blood pressure.
- Admit, discharge and transfer patients.
- Support individuals and families through death and dying.
- Restorative care; promote self-care, exercise; modify care for individuals with special needs.
- Understand prosthetic and assistive devices (hearing aids, glasses, artificial limbs, etc.).
- Maintain skin integrity; apply dressings, compresses, soaks.
- Care for acute patients.
- Practice home care; assist with fluids/nutrition in the home; maintain home-care records.